



## 2010 BENEFIT CHANGES AND CONTRIBUTIONS

Dear Member

Enclosed, please find your 2010 Member Guide together with your Netcare 911 car sticker as well as an information leaflet on Chronicare, the scheme's DSP for chronic medicines.

In reviewing the benefits and contribution increases for 2010, the Board of Trustees' main goal was to continue to provide affordable high quality healthcare, whilst ensuring the long-term sustainability of the Scheme. As in the past, we continue to focus on member education in order to encourage members to claim responsibly and to take control of their health.

The Scheme continues to offer two options, namely the Standard Option and Extended Option and we wish to advise members that the benefit structures on both options remain unchanged for 2010.

We have introduced minimal changes, which will be implemented with effect from **01 January 2010**:

- All benefits on both options have been increased by 7%.
- The contribution on both options has been increased by 8%.

Remember that it is still **compulsory** for members on the **Standard Option** to obtain their chronic medication through Chronicare and no benefit will be accessible through any other service provider.

Although it is not compulsory for members on the **Extended Option** to utilise Chronicare, any differential in the dispensing fee between Chronicare and the pharmacy where members obtain their medication will be for the member's own account (co-payment). We would like to encourage members on the Extended Option to utilise Chronicare and information can be obtained on the leaflet that we have enclosed.

The 2010 Option Choice Form for members was circulated with the September payslips. We kindly request that you complete Section One on the option form even if you are not changing your option for 2010 to ensure that the Administrators have your correct contact details on record. The completed forms must be handed to your HR Administrator by close of business on 16 November 2009.

Please call the Nampak SA Medical Scheme contact centre on **0860 10 10 47** if you should have any questions or queries on the 2010 Member Guide

I would like to take this opportunity, on behalf of the Board of Trustees, to wish you and your family a blessed festive season and a healthy 2010.

Yours sincerely

A handwritten signature in black ink, appearing to read "Sue Steyn".

SUE STEYN  
PRINCIPAL OFFICER