



2010 BENEFITS AND CONTRIBUTIONS OPTION CHOICE FORM 2010 ROADSHOW PRESENTATION SCHEDULE

Dear Member

The Board of Trustees of the Nampak SA Medical Scheme are committed to provide our valued members with access to appropriate and quality healthcare at competitive rates. As in the past, we continue to focus on member education in order to encourage members to claim responsibly and to take control of their health.

The Scheme continues to operate two options namely the Standard and Extended Option. Due to the current uncertainty experienced in the Medical Aid environment regarding the implementation of a National Health Insurance System (NHI), we wish to advise members that the benefit structures on both options remain unchanged for 2010.

Please be advised that we have introduced the following changes, which will be implemented with effect from **01 January 2010**:

- All benefits on both options have been increased by 7%.
- The contributions on both options have been increased by 8%.

Remember that it is still **compulsory** for members on the **Standard Option** to obtain their chronic medication through Chronicare and no benefit will be accessible through any other pharmacy. Members can however obtain their chronic medication from a dispensing GP.

Although it is not compulsory for members on the **Extended Option** to utilise Chronicare however, any differential in the dispensing fee will be for the member's own account (co-payment). We would therefore like to encourage members on the Extended Option to utilise Chronicare.

Furthermore, we enclose a 2010 Option Choice Form for members who wish to change options. **Please note that Pensioner Members who receive a Nampak subsidy for their medical scheme contribution are not permitted to change from the Standard to the Extended Option.** Even if you are not changing your option, please complete Section One on the form and submit so that the Administrators have all your correct contact details on record.

The completed forms must be faxed, posted or delivered directly to Nampak Group Salaries for the attention of Neco van Wyk by close of business on 16 November 2009:

Nampak Group Salaries
114 Dennis Road
SANDTON

P O Box 784324
SANDTON
2146

Fax Number (011) 444 9348

As in the past, presentations to launch our benefits for 2010 will be held at various Nampak sites during October and early November 2009. Enclosed is the Roadshow Presentation Schedule for ease of reference and you are welcome to attend any session that suits you.

Please note that the 2010 Member Guide will be published in due course and, in the interim, please do not hesitate to contact the Nampak SA Medical Scheme Contact Centre on 0860 10 10 47 if you have any queries in this regard.

Yours sincerely

A handwritten signature in black ink, appearing to read 'Sue Steyn', written in a cursive style.

SUE STEYN
PRINCIPAL OFFICER

Tel No: +27 11 719 6300
Direct No: +27 11 719 6321
Sue.Steyn@za.nampak.com