



2011 BENEFITS AND CONTRIBUTIONS OPTION CHOICE FORM 2011 ROADSHOW PRESENTATION SCHEDULE

Dear Member

The Board of Trustees of the Nampak SA Medical Scheme are committed to provide our valued members with access to appropriate and quality healthcare at competitive rates. As in the past, we continue to focus on member education in order to encourage members to claim responsibly and to take control of their health.

The Scheme continues to operate two options namely the Standard and Extended Option. The benefit structures on both options remain unchanged for 2011.

Please be advised that we have introduced the following changes, which will be implemented with effect from **01 January 2011**:

- All benefits on both options have been increased by 5 %.
- The contributions on both options have been increased by 7.5%.

We enclose herewith a 2011 Option Choice Form for members who wish to change options. It is important that you submit your option form for 2011 by the 15th of November 2010 as no late submissions will be accepted. If you do not wish to change your option for 2011 you are required to complete Section One on the form and submit it to Nampak Group Salaries to ensure that the Administrators have your correct contact details on record.

Nampak Medical Scheme Subsidy

Pensioner members who receive a Nampak subsidy for their medical scheme contributions are allowed to change options but must please note that the following rules will apply to the Nampak subsidy:

The Nampak subsidy of a pensioner member who currently receives a subsidy towards the Extended Option and elects to downgrade to the Standard Option will be calculated at the rate of the Standard Option. Should the pensioner member at any time wish to upgrade to the Extended Option thereafter, the subsidy will NOT be adjusted and will remain at the rate of the Standard Option and the premium difference will be for the personal account of the Pensioner Member.

The Nampak subsidy of a pensioner member who currently receives a subsidy toward the Standard Option and elects to upgrade to the Extended Option will remain at the rate of the Standard Option. The difference between the Standard Option rate and the Extended Option rate will be for the personal account of the pensioner member. It will be the responsibility of the pensioner member to sign a debit order in favour of the Nampak SA Medical Scheme for the difference in rates.

The completed forms must be faxed, posted or delivered directly to Nampak Group Salaries for the attention of Neco van Wyk by close of business on 15 November 2010:

Nampak Group Salaries
114 Dennis Road
SANDTON

P O Box 784324
SANDTON
2146

Fax Number (011) 444 9348

As in the past, presentations to launch our benefits for 2011 will be held at various Nampak sites during October and early November 2010. We have enclosed the Road show Presentation Schedule for ease of reference and you are invited to attend one of the sessions that suit you.

The 2011 Member Guide will be published in due course. In the interim you can contact the Nampak SA Medical Scheme Contact Centre on 0860 10 10 47 if you have any queries on the 2011 contributions and benefits.

Yours sincerely



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PRINCIPAL OFFICER

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